

Family Bookbag

Eat Healthy. Play Hard. Read More.

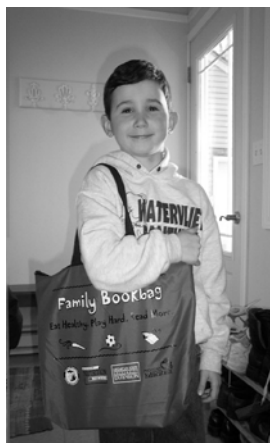


Order Form

WHAT IS THE *FAMILY BOOKBAG*?

The *Eat Healthy. Play Hard. Read More. Family Bookbag* is for children in grades K-2 and their families. The bookbag and everything inside promotes and encourages families to choose and eat healthy foods, be physically active, enjoy family mealtime and read together.

The bookbag is designed for use in schools, classrooms, libraries, and out-of-school time programs. Each child in the program takes a turn bringing home the bookbag for 3-7 days, removes the give-aways marked “*Yours to Keep*,” and then returns it for the next child to take home and share with his or her family.



Packaged in a durable, zippered-tote the *Family Bookbag* contains the following resources to help families discover how to eat healthy, be active and enjoy reading together:

- **An Educators’ Guide.** This guide will walk you through the steps of setting up, creating excitement around, enhancing, and sustaining the *Family Bookbag*. **Please do not give the Educator’s Guide to families.** It is for teachers and program coordinators.
- **Five children’s books with positive health messages:**
 - *What’s for Lunch? Milk* by Claire Llewellyn
 - *The Busy Body Book* by Lizzy Rockwell
 - *I Will Never Not Ever Eat A Tomato* by Lauren Child
 - *Eating Well* by Melanie Mitchell
 - *Yoko* by Rosemary Wells
- **A Parent Letter.** The laminated letter explains how to use the bookbag and the other items inside the bag.
- **A Family Tip Sheet (30 copies).** The tip sheet includes information and tips for families on eating healthy, being active and reading with children.
- **A Recipe Card Set (30 sets).** A set of eight family-friendly recipe cards on two different tear pads (four recipes on each) with nutrition information on the back.
- **Plastic Zip-top Bags (30 bags).** Provides storage for the Family Tip Sheet, Recipe Card Set, and anything else you decide to give away to families.
- **“Yours to Keep” Stickers (30).** One for each of the plastic zip-top bags.

Kids can’t wait for their turn to take home the Family Bookbag!

This project has been funded with private support funds from the Michigan Nutrition Network and Michigan Team Nutrition. Michigan State University Extension (MSUE) and the Michigan Department of Education are affirmative-action, equal-opportunity employers. MSUE programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status.

See reverse side for ordering details

ORDER FORM

Eat Healthy. Play Hard. Read More. Family Bookbag

Product Code	Item Description	Cost	Shipping & Handling	Quantity	Total
FBB001	<i>The Family Bookbag</i> This includes a zippered tote, five books, 30 recipe card sets, 30 Family Tip Sheets, one Parent Letter, and an Educators' Guide.	\$75	\$5 each		
				SUBTOTAL	
	FEDERAL TAX ID# <hr/> (IF TAX EXEMPT!)	OR	ADD MI SALES TAX	6%	
				ORDER TOTAL	
Please allow for 3-4 weeks delivery time. Thank you!					

Send Order Form To:

Merchandise Sales
Family and Consumer Sciences
Michigan State University Extension
240 Agriculture Hall
East Lansing, MI 48824-1039
517.353.9102 / Fax: 517.353.4846

Questions about the bookbag?
Contact Paul McConaughy or send an e-mail to mcconau1@msu.edu

Ship To:

Name

Organization

Street Address (No P.O. Box #'s Please)

City/State/Zip

Phone/Fax

Email

Bill To:

Name

Organization

Street Address (No P.O. Box #'s Please)

City/State/Zip

Phone/Fax

Email



**For more information about the *Family Bookbag* go to:
www.familybookbag.fcs.msue.msu.edu**

MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

